



UPbeat

Unity Project for Relief of Homelessness in London provides emergency shelter and transitional housing, and supports self-help where people are struggling to escape and avoid homelessness

Circle of Care

This Thanksgiving let us be thankful for the wise and compassionate social service champions we have in London. Dedicated frontline workers advocate for the disaffected, coming together in ad hoc Circle of Care meetings to coordinate interventions for individuals in extreme circumstances. Circle of Care episodes occur just a few times a year, typically when a person is at risk of hurting themselves. Sometimes the barriers to a person's stability are too many and too much for any one agency to cope with. Sometimes the person's inability to advocate for themselves prevents their access to available resources, or the services just aren't available. Circle of Care pools collective capacity. We join hands to save lives and hold on strong to help stabilize them.



'Tis the Giving Season



CanadaHelps is a safe, easy way to give your gift online. Go to unityproject.ca and click the **Donate Now**

button to navigate to our page at CanadaHelps.org. No additional cost and you get your tax receipt right away.

Existing

"What are you up to today?" I ask. "Existing" he glumly responds without making eye contact. He's a smart guy with an oppositional disorder. He can be frightening when angry. He can also be gentle in his compassion for others, passionate in his rage against social injustices, extremely articulate in his awareness of his own sorry position and very sorry indeed for the mistakes he makes. He gets kicked out of every shelter on a regular basis, including ours. He has our compassion but when he disturbs the peace, he cannot be tolerated. His care is the tortured subject of discussion at every staff meeting as we struggle to find solutions given our limited capacity and resources. We see the day coming, as he transitions from youth to adult, when what little support there is and all of the sympathy will dry up. Poverty and homelessness is debilitating. For a guy like him, it's a crusher. There ought to be more support for people. Our collective well being, and his very existence depends on it.



Annual General Meeting

Western Fair Security Building
900 King St. (at bend in the road) - 2nd Floor
November 22, 2010 at 6:00 pm

pizza and refreshments served

Everyone Welcome

Voting privileges for Members only including:

Resident members (current calendar year)

Staff members (current)

Founding Members (lifetime members)

Volunteer members (current calendar year)

Dues-Paying Members (\$10 dues can be paid at the door)

What's UP

We golfed FORE relief of homelessness in London



Winning Mix
Jeanne Campanale,
Jerry Knoester and Kathryn Banasik

MANY THANKS TO OUR GENEROUS SPONSORS

Major Sponsor Bogey Golf Tour

Lunch Sponsors Barrie Family Medicine, Duo Building Ltd, Siskinds LLP-Dimitri Lascaris, Gamma-Dynacare Ontario Assn of Home Inspectors and TST Overland Express

Cart Sponsors Century 21 First Canadian Corp, London & St. Thomas Association of Realtors Shillingtons LLP - David S. Thompson Stevenson & Hunt Insurance Brokers Ltd. Wilson & Associates Contracting Ltd. Two Friends of Manny's, UWO Meds Class of '56 Canadian Auto Workers Local 27

Hole-in-One Sponsor Investors Group

UP Team Sponsor COPE Local 468

Live Auction Libro Financial Group and Novacks

Golf Pro Len Foran

The 6th Annual Haines Memorial Unity Project Golf Classic was a great success with more golfers, sponsors and more proceeds to support our cause.



84 golfers enjoyed delightful weather at FireRock Golf Club July 16th 2010

All helped raise over \$22,000!



PricewaterhouseCoopers team smiles and cleans house

PricewaterhouseCoopers employees volunteered to don a t-shirt and workgloves to help their community, transforming our newly dry basement to better use for storage. The PwC team worked effectively, hauling debris from the lower depths to fill 3 dumpsters in just a few hours and ensured that hazardous materials and recyclables were properly handled. Next, all three Home Depot stores in London are joining to outfit the basement with appropriate shelving and cupboards to ensure that residents have safe, secure storage for their meagre, but precious belongings.

Photo from left to right is Bill Giannoulis, Duncan McLean, Lindsay Campbell (team leader), Corina Fletcher (pink gloves), Blake DeClark, Stewart Goud, Barb Radford and Celeste Ferreira

Spot Light on Volunteer Kay Casler



Kay Casler made a personal commitment to step out of her comfort zone when she came to volunteer and since Jan 2010, she volunteers frontline weekly and provides a foot care clinic monthly. Kay operates her own business, Kay's Skin Care and Electrology, and worked as a nurse in the

health care field for over 38 years, mostly with seniors. She treats residents' troubled feet, communicates the importance of good foot care and teaches natural and affordable self-care. She has also rallied her networks to install drapery throughout the shelter and arranged for Goodwill Donation Centre to provide a regular monthly donation of much needed towels. Kay contributes to our community and works to make it a good home. Kay says, "You can take the nurse out of the hospital, but you can't take the nurse away from who she really is."

Who's UP

Management Staff Charlene "Chuck" Lazenby (General Manager); Silvia Langer (Development Manager)

Program Staff Rachel Ayres (London CARES Street Outreach Worker); Mike McGregor (London CARES Street Outreach Worker), Rebecca Waugh (Volunteer Coordinator), Matti Paquiz (Community Support Worker)

Frontline Support Staff Jenny Butchart, Yvette Conley, Jim Corbett, Len Hughes, Jessika Lang, Peter Lebel, Trevor McNaughton, Meghan O'Brien, Linda Pimperton, Rob Prettie, Paulette Richer, Rebecca Waugh, and Maryellen Young

Board of Directors Chuck Grawburg (Chair); Rick Odegaard (Past-Chair); Gil Warren (Treasurer); James Spangenberg (Secretary); Amanda Grzyb; Patti Dalton; Bernie Hammond; David Empey; Pat Malloy; Lisa Doka; Dimitri Lascaris



Winning Mixed
Century 21
Score 64
Jeanne Campanale
Kathryn Banasik
Vito Campanale
Jerry Knoester



Winning Women
Re/Max Advantage
Score 66
Becky Robinson
Christine Panyi
Lisa Gorham
Sue Kiser



Winning Mens
Trojan Technologies
Score 64
Hank Vander Laan
Rob Hogendoorn
Martin Bracken
Marv DeVries



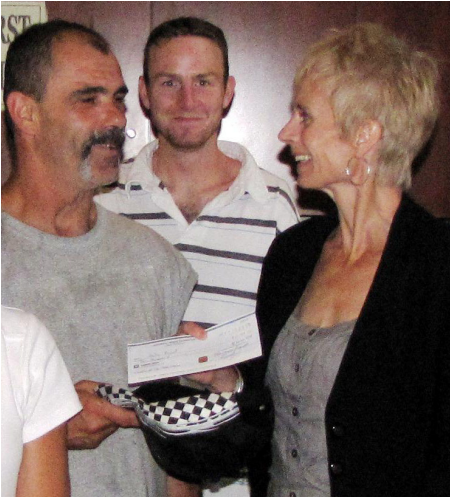
Giving it UP



London Community Meets Ladybug Challenge for Urgent Needs

Hannah Taylor, the 13-year old founder of Winnipeg-based Ladybug Foundation, sent a \$10,000 gift to the Unity Project along with a note to residents that read “This gift comes from my heart to each one of yours and I care about you always!” The sizable donation also came with a challenge to others to join her in respecting and meeting the needs of homeless men and women here in London. The London Community Foundation and the Richard and Beryl Ivey Fund rose up giving \$5,000 each in aid of urgent needs. Unity Project General Manager Chuck Lazenby (second from right) expressed her gratitude saying “This kind of support is a call to action - to be as responsive as the London Community Foundation, as community-minded as Richard and [the late] Beryl Ivey and as compassionate as Hannah Taylor!” Chuck, a quilter in her spare time, made a lovely quilt for Hannah, in recognition of the young woman’s inspirational character.

Hats off for Life Skills



It’s the second year that the Johansen Larsen Foundation has provided support for our Life Skills program, but it’s the first time that anyone dropped \$10,000 into the hat of the resident pictured here receiving the funds on behalf of the UP. Volunteer Josh Tullet finds the scene amusing as does Marianne Larsen (right) and her mom and co-director of the foundation, Susan Larsen (out of frame). The Johansen Larsen Foundation provides funding for educational programs related to marginalized children and youth, individuals who are homeless, and animals at risk, to help empower those who are marginalized and homeless to overcome barriers. We enjoyed their visit and greatly appreciate the support. Thank you!

Insurance Association brokers warmth for residents



Marc Seguin (McFarlan Rowlands), Casandra Haas (Haas Insurance), Josh Tullet (UP), Fran Hibbert (Omni Insurance), Izabell Turowski (President, LIBA), John Tierney and Silvia Langer (UP)

London Insurance Brokers Association were thinking ahead on a hot day in July when they delivered 50 blankets to our shelter. A new definition of our perfect blanket was born - soft and cozy, microfibre, colourful, durable, but not too big for the washing machine. ‘Bipper Blankets’ are donated to a local charity, in partnership with the 6th annual London Motorcycle Ride for Dad, raising awareness for the fight against prostate cancer. Nice!

Big Dog Diner & Rachel Ayres’ Perfect “Fiesta Dog”

Rachel Ayres, Unity Project Street Outreach Worker for London CARES, was truly honoured to win Big Dog Diner’s Perfect Dog award for July. Big Dog Diner in St. Thomas serves an extensive menu of hot dogs and invites patrons to submit ideas for the perfect dog, picking a winner monthly. Perfect Dogs and their Creators are featured on the menu, promoted in the local newspaper, and \$1 from every sale in that month is donated to the charity of the creator’s choice. Rachel picked the Unity Project, of course! The Fiesta Dog is delicious whether in a meat or veggie variety, piled on with fried onions, fried corn, cheese, salsa and sour cream. Proprietors and hot dog philanthropists Monica Gratton and Tina Wall invite you to try it, or any number of Big Dog Diner’s doggy delectables. It’s a foodie-fun and socially responsible experience, located on Hwy 3 East at the Maple Leaf Motel.



Give outside the box this Christmas

Give the Gift of Christmas
donate to help stuff

Santa Sacks
\$50
or more



Help put something special under the tree for residents staying with us over the holidays. Your \$50 gift will help stuff one Santa Sack. Each resident receives a backpack stuffed full of practical and fun items to bring comfort and joy.

Santa Sack Wish List

for donating items or organizing a group collection

please try to bring a minimum number of same/similar items for Men (x50) and Women (x25)

new only please

Socks and Underwear

Razors, Deodorant, Lip Balm

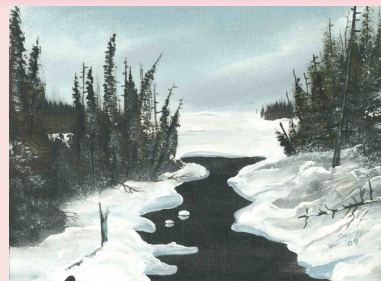
Toothbrushes and Toothpaste

Scarves, Hats, Mitts and Gloves

Combs, Brushes, Shampoo, Conditioner and Soap

Bus Tickets, Coffee Gift Certificates, Movie Passes

Thanks to CAW-Canada for providing Santa Sack backpacks



Shelter Me \$25
or more

The perfect gift to lift the spirits and honour the compassionate heart of everyone on your shopping list. *Shelter Me* provides one person with shelter for the night. Make your minimum \$25 donation in honour of your gift recipient and we send them an 8X10 print of this lovely painting made by a former resident, along with a card acknowledging your gift.

To order, send payment along with contact information and any special instructions for signing the card or delivery details. We send the print and card to your gift recipient or you can deliver it yourself.

Thanks to Advendors for donating the prints

Giving Questions? Giving Suggestions! Please contact Silvia Langer at 519 433 8809 or slanger@unityproject.ca
To make a credit card donation online please visit unityproject.ca and click the Donate Now button to navigate to our page at CanadaHelps.org

I have gifts to give... I can help!

Date _____

Donor Name _____

Telephone / Email _____

Street Address _____

City / Province _____

Postal Code _____

GIFT DESIGNATION please ✓ the campaign(s) you are giving to

Member Dues \$10 (employed)

Core Needs (unrestricted)
critical funds put to good
use where most needed

Santa Sacks (minimum donation \$50)
supports our Holiday Fund and
resident Christmas tradition

Shelter Me (minimum donation \$25)
provide separate sheet with gift
recipient info and mailing instructions

DONATION PAYMENT please accept my donation in amount of (total of all campaign gift designations):

\$25 _____ \$50 _____ \$100 _____ \$200 _____ \$500 _____ \$1000 _____ Other _____

CREDIT CARD (circle one) Visa / Mastercard OR My CHEQUE is ENCLOSED

NAME ON CARD _____

CardNumber _____

Expiry _____

Pls make cheques payable to **Unity Project** and mail to 717 Dundas St. London On N5W 2Z5 / Tax receipt issued for all financial donations